

Wealden Rambler - Traditional Menu

A Selection of Sandwiches

Cucumber and Minted Cream Cheese Honey Roasted Ham & Wholegrain Mustard Smoked Salmon with a Dill Crème Fraiche

Savouries

Pork and Caramelised Onion Sausage Roll Sun Dried Tomato and Parmesan Twist



Homemade Warm Sultana and Plain Scones with Cornish Clotted Cream & Strawberry Preserve



Pastries & Cakes

Lemon and Elderflower Sponge
Hand Crafted Éclair
Fruit Tartlet
Classic Macaron
White Chocolate and Raspberry cup



Wealden Rambler Traditional Menu

Dishes and their allergen content

Dishes						Lupin Flour	Milk		MUSTARD					INE
A ✓ indicates the allergen is present.	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
					Selection	of Sandwiche	es				,			
Cucumber & Cream Cheese		✓ Wheat					✓						\	
Honey Roasted Ham & Wholegrain Mustard		√ Wheat							1				✓	
Smoked Salmon with a Dill Crème Fraiche		√ Wheat			1		1						1	
Savouries														
Pork and Caramelised Onion Sausage Roll		√ Wheat		√					✓					
Sun Dried Tomato and Parmesan Twist				~			✓		✓					
					9	Scones								
Sultana		✓ Wheat					✓							
Plain		✓ Wheat					✓							
Clotted Cream							✓							
Strawberry Preserve														
Pastries & Cakes														
Lemon & Elderflower Sponge		✓ Wheat		✓			✓							
Hand Crafted Éclair		√ Wheat		✓			✓						✓	
Fruit Tartlet		✓ Wheat		√									√	
Classic Macaron		✓ Wheat		√			✓			✓				
White Choc & Raspberry Cup													✓	



Wealden Rambler - Vegetarian Menu

A Selection of Sandwiches

Grilled Courgette and Red Pepper Houmous Plant-based Cream Cheese and Cucumber Plant-based Smoked Applewood Cheddar and Pickle

Savouries

Vegan Sausage Roll
Sun-Dried Tomato and Parmesan Twist



Homemade Warm Sultana and Plain Scones with Cornish Clotted Cream & Strawberry Preserve



Pastries & Cakes

Lemon and Elderflower Sponge
Hand Crafted Éclair
Fruit Tartlet
Classic Macaron
White Chocolate and Raspberry cup



Wealden Rambler Vegetarian Menu

Dishes and their allergen content

Dishes						Jupin Flour	Milk		MUSTARD			TISSMI O.		
A ✓ indicates the allergen is present.	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Selection of Sandwiches														
Courgette & Houmous		✓ Wheat										✓	✓	
Plant-based Cream Cheese & Cucumber		√ Wheat											1	
Plant-based Smoked Applewood Cheese & Pickle		√ Wheat											✓	
	Ī				S	avouries		•						
Vegan Sausage Roll		✓ Wheat		✓					✓					
Sun Dried Tomato and Parmesan Twist				✓			✓		1					
						Scones								
Sultana		✓ Wheat					✓							
Plain		✓ Wheat					✓							
Clotted Cream							✓							
Strawberry Preserve														
Pastries & Cakes														
Lemon & Elderflower Sponge		✓ Wheat		✓			✓							
Hand Crafted éclair		✓ Wheat		✓			✓						✓	
Fruit Tartlet		✓ Wheat		✓									✓	
Classic Macaron		✓ Wheat		✓			✓			✓				
White Choc & Raspberry Cup													✓	



Wealden Rambler - Vegan Menu

A Selection of Sandwiches

Grilled Courgette and Red Pepper Houmous Plant-based Cream Cheese and Cucumber Plant-based Smoked Applewood Cheddar and Pickle

Savouries

Vegan Sausage Roll Sun Dried Tomato and Plant-based Parmesan Twist



Warm Sultana Scones

with Plant-based Chantilly Cream & Strawberry Preserve



Pastries & Cakes

Pistachio Crusted Strawberry
Millionaires Caramel Shortbread
Cranberry and Pecan Flapjack
White Chocolate and Raspberry Cup
Fruit Cake



Wealden Rambler Vegan Menu

Dishes and their allergen content

Dishes						Lupin Flour	Milk		MUSTARD					INNE
A ✓ indicates the allergen is present.	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Selection of Sandwiches														
Courgette & Houmous		✓ Wheat										✓	✓	
Plant-based Cream Cheese & Cucumber		√ Wheat											1	
Plant-based Smoked Applewood Cheese & Pickle		√ Wheat											√	
Savouries														
Vegan Sausage Roll		✓ Wheat							✓					
Sun Dried Tomato and Plant- based Parmesan Twist														
					9	Scones								
Sultana		✓ Wheat												
Plant-based Chantilly Cream														
Strawberry Preserve														
					Pastri	es & Cakes								
Pistachio Crust Strawberry										✓				
Millionaires Shortbread														
Cranberry & Pecan Flapjack		✓ GF Oats									1		>	
White Choc & Raspberry Cup													1	
Fruit Cake													✓	



Wealden Rambler - Gluten Free Menu

A Selection of Sandwiches

Cucumber and Minted Cream Cheese Honey Roasted Ham & Wholegrain Mustard Smoked Salmon with a Dill Crème Fraiche



Savouries

Sausage Roll
Sun Dried Tomato and Parmesan Twist



Homemade Warm Sultana and Plain Scones with Cornish Clotted Cream & Strawberry Preserve



Pastries & Cakes

Pistachio Crusted Strawberry Millionaires Caramel Shortbread Cranberry and Pecan Flapjack White Chocolate and Raspberry Cup Fruit cake



Wealden Rambler Gluten Free Menu

Dishes and their allergen content

Dishes					A.	lupin Flour	Milk		MUSTARD			SSAM SOL		Base WNE
A ✓ indicates the allergen is present.	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Selection of Sandwiches														
Cucumber & Cream Cheese				✓			✓							
Honey Roasted Ham & Wholegrain Mustard				✓					✓					
Smoked Salmon with a Dill Crème Fraiche				1										
Savouries														
Sausage Roll				✓					✓					✓
Sun Dried Tomato and Plant- based Parmesan Twist				√			✓		✓					
					9	Scones								
Sultana				✓			✓							
Cornish Clotted Cream							✓							
Strawberry Preserve														
					Pastri	es & Cakes								
Pistachio Crust Strawberry										✓				
Millionaires Shortbread														
Cranberry & Pecan Flapjack		✓ GF Oats									✓		✓	
White Choc & Raspberry Cup													√	
Fruit Cake													>	



Wealden Rambler - Dairy Free Menu

A selection of sandwiches

Plant-based Cream Cheese & Cucumber Honey Roasted Ham & Wholegrain Mustard Smoked Salmon with a Dill Mayonnaise

Savouries

Pork and Caramelised Onion Sausage Roll Sun Dried Tomato and Parmesan Twist



Warm Sultana Scones

with Plant-based Chantilly Cream & Strawberry Preserve



Pastries & cakes

Pistachio Crusted Strawberry
Millionaires Caramel Shortbread
Cranberry and Pecan Flapjack
White Chocolate and Raspberry Cup
Fruit Cake



Wealden Rambler Dairy Free Menu

Dishes and their allergen content

Dishes						Lupin	Milk		MUSTARD			iii.aw		WE
A ✓ indicates the allergen is present.	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Selection of Sandwiches														
Plant-based Cream Cheese		✓ Wheat											✓	
Honey Roast Ham & Wholegrain Mustard		√ Wheat							✓				✓	
Smoked Salmon with a Dill Mayonnaise		√ Wheat							✓				√	
	Savouries													
Pork & Caramelised Onion Sausage Roll		√ Wheat		✓					✓					
Sun Dried Tomato and Plant- based Parmesan Twist														
						Scones								
Sultana		✓ Wheat												
Plant-based Chantilly Cream														
Strawberry Preserve														
Pastries & Cakes														
Pistachio Crust Strawberry										√				
Millionaires Shortbread														
Cranberry & Pecan Flapjack		✓ GF Oats									1		✓	
White Choc & Raspberry Cup													✓	
Fruit Cake													✓	