

Golden Arrow Menu June – August 2024

Caprese Salad Buffalo Mozzarella with Sun-ripened Plum Tomato, Fresh Basil and Aged Balsamic Vinegar (Vegetarian, Gluten Free)

Carpaccio of Beef Freshly Shaved Parmesan Wild Rocket, Olive Oil and Multi-Seed Crostini

> Chilled Basil and Zucchini Soup with Rustic Garlic Ciabatta Croutons (Vegan, Gluten Free on request)

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Roasted Sirloin of Sussex Beef with Yorkshire Pudding and Rich Red Wine Gravy (Gluten Free Yorkshire on request)

Grilled Salmon with Sesame, Honey, Ginger and Soy Wild Rice and Bok Choy (Gluten Free)

Mediterranean Vegetable and Spinach Risotto Stuffed Pepper (Gluten Free)

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Vegan Vanilla Crème Brulee with Lavender Shortbread

Eton Mess with Lemon and Elderflower Cream (Gluten Free)

Selection of Sussex Cheeses with Biscuits and Quince Jelly available as an alternative to dessert for £9 or as an extra course for £12 (Gluten Free on Request)

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Coffee and Truffles



Golden Arrow June – August 2024 Menu – Dishes and their allergen content

Whilst every effort is made in our procedures, all our products are made in a kitchen that handles Celery, Cereals containing Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Mollusc, Mustard, Nuts, Peanuts, Sesame Seeds, Soya and Sulphur Dioxide and may contain traces.

Dishes			X			Lupin	Mik		MUSTARD					
A ✓ indicates the allergen is present.	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Starter														
Caprese salad							1		\$					
Carpaccio of beef		✔ Wheat, Barley, Rye							~			~		
Basil and zucchini soup		✓ Wheat											~	
Main														
Roast beef														
Yorkshire pudding		✓ Wheat		1										
Beef gravy														1
Salmon with sesame, honey, ginger and soy					1							1	~	
Horseradish sauce		✓ Wheat		1			1		1					1
English mustard		✓ Wheat							1					
Filled pepper														



Dessert													
Crème brulee		✓ Wheat											
Eton mess				1			1						
Cheeseboard	~	✓ Wheat					1						
Truffles													